

**First Year Post Basic B.Sc Nursing Degree Supplementary Examinations
April 2025**

Nutrition and Dietetics

(2016 Scheme)

Time: 2 Hours

Total Marks: 35

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw diagrams wherever necessary*

Short Essays:

(3x7=21)

1. Assessment of nutritional status of individual.
2. Explain Nutritional Programmes in India.
3. Define balanced diet and explain the principles and tools for the preparation of balanced diet.

Short notes:

(2x4=8)

4. Nutrition education methods.
5. Diet in Tuberculosis.

Answer briefly:

(2x3=6)

6. Points to be remembered during planning diet for infants.
7. Name any two micro nutrients. Name any two rich food sources and any one function of each of the two micro nutrients you have named.
